

Community-Based Intervention Center (CBIC)

PARTICIPANT REQUIREMENTS

Youth must meet the following criteria to be accepted into the program:

- Assigned a Home Detention or Probation Officer
- Moderate to High Risk on the Dispositional OYAS
- Age 14 or older
- Male only

EXCLUSIONARY CRITERIA

- Youth can **NOT** be Low Risk on the OYAS.
- Youth will **NOT** be accepted if they present with only with sexual offending behaviors, developmental disabilities, TBI, IQ below 71, autism spectrum disorder, active psychosis, or suicidal or homicidal gestures.
- Program can **NOT** run concurrent with other programs, such as MST or IOP.
- Youth will **NOT** be accepted if they are enrolled in the Safe Harbor Docket.
- Youth will **NOT** be accepted if they do not have a stable residence.

TWO PROGRAM TRACKS

Targeted Program Length 10 to 12 weeks based on needs and progress.

FULL-DAY

- Picked up and dropped off at home
- Schedule:
 - Mon. to Fri. - 7am pick-up to 6:30 pm drop-off
- School of One (CMSD) on site education
- Participate in groups
- Access to case manager- Applewood

HALF-DAY

- Picked up from school and dropped off at home or school.
- Schedule:
 - Mon. to Fri. – After school pick-up to 6:30 pm drop-off
- Participate in groups
- Access to case manager- Applewood

PROGRAM CURRICULUM FOR BOTH TRACKS

Cognitive-Behavioral Interventions for Offenders- Comprehensive Curriculum (CBI-CC) Groups will allow for skills role-play and feedback, modeling prosocial behavior and thinking, participating in group interventions and completion of homework to address risky thinking.

The CBI-CC Modules are as follows:

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| • Motivational Engagement | • Understanding Behavior Patterns | • Success Planning |
| • Intro to Cognitive Behavioral Interventions | • Choosing Behavior Responses | • Gangs* |
| • Cognitive Restructuring | • Problem Solving | • Peers* |
| • Emotional Regulation | • Panning your Future | • Violence* |

Youth will obtain skills to resolve conflict, engage in problems solving, develop long-term goals for themselves, examine risky peer relationships, learn to interact better with authority figures, develop a network of positive social supports, and engage in success planning before they are successfully terminated from CBIC.